



## Extension Activity (2025-2026)

### SAY YES TO LIFE NO TO DRUGS

**Objective:** To raise awareness among school students regarding substance abuse at Government Senior Secondary School, Dhalli, and to educate and inspire young minds to lead a drug-free life.

**Description:** On October 15, 2025, the Anti-Drug Squad of St. Bede's College, in collaboration with the Department of Psychology, organized a *Nukkad Natak* titled "Say Yes to Life and No to Drugs". The event took place at Government Senior Secondary School, Dhalli, with the primary aim of sensitizing students to the dangers of substance abuse and the importance of making conscious and healthy choices.

To convey the message effectively, a *Nukkad Natak* (street play) was performed by eleven students from St. Bede's College. The play revolved around the theme "Say Yes to Life, No to Drugs", dramatizing real-life situations to highlight how substance abuse can derail young lives and how awareness, resilience, and community support can bring positive change. The performance captivated the school audience and initiated a dialogue among students about the significance of self-control, mental health, and peer influence in decision-making. The collaborative effort between the Anti-Drug Squad and the Department of Psychology made the session both educational and emotionally impactful.

Following the *Nukkad Natak*, the students of the school took a pledge to abstain from consuming any harmful substances and to encourage their peers to stay away from drugs. A short interactive session was also conducted, allowing students to ask questions about drugs and their ill effects.

**Outcome:** The event successfully enhanced awareness among school children about the harmful effects of drug abuse. The interactive nature of the *Nukkad Natak* encouraged them to reflect, question, and commit to saying "no" to drugs. The students who performed in the *Nukkad Natak* emerged as confident advocates for a drug-free society, spreading the message that choosing life over addiction is the first step toward a stronger, healthier community. The school students also took a pledge to never consume any harmful substances.



*Department of Psychology  
St. Bede's College, Shimla*

**St. Bede's College**  
NAAC RE-ACCREDITED A GRADE

**ANTI DRUG SQUAD**

*In collaboration with*

**DEPARTMENT OF PSYCHOLOGY**

Where we aim to spread awareness by presenting a

**Nukkad Natak**

*Theme: Say yes to life & no to drugs*

**15th October**

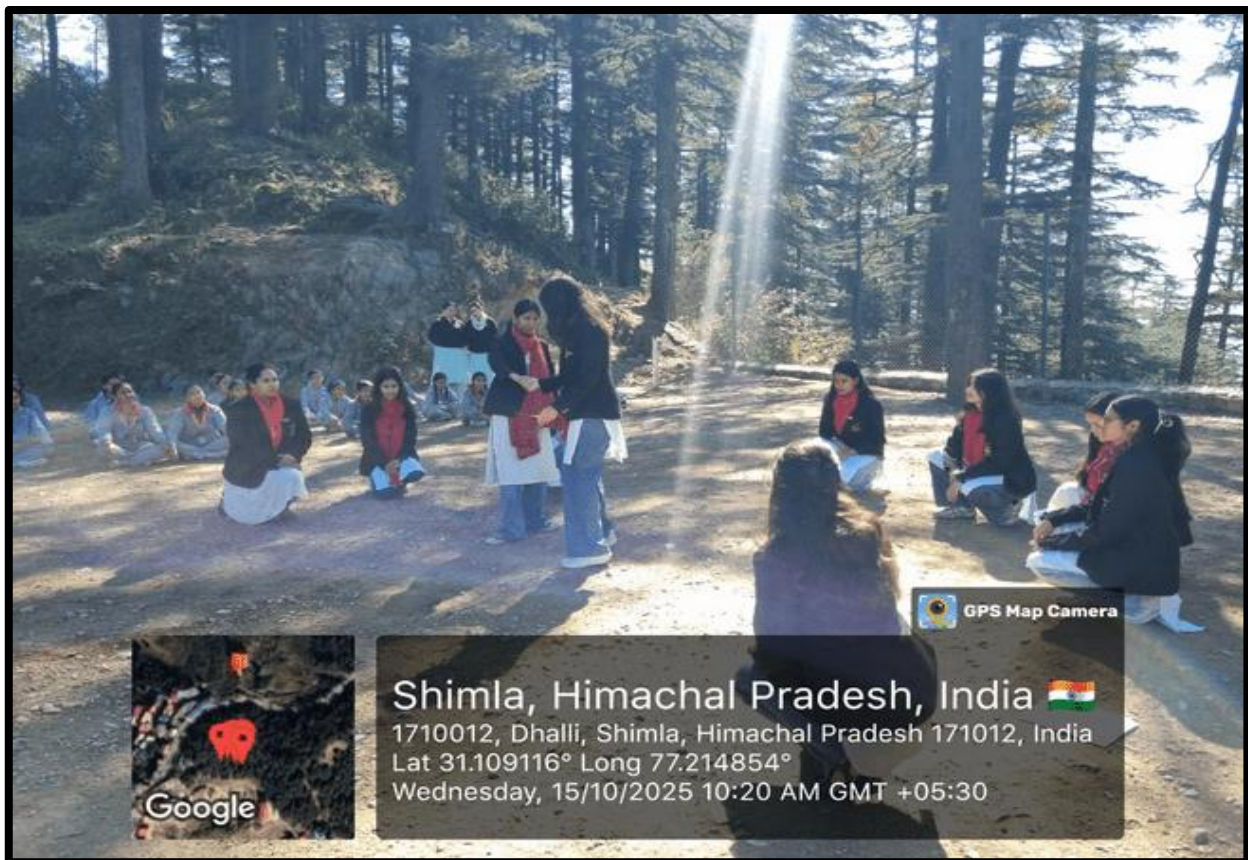
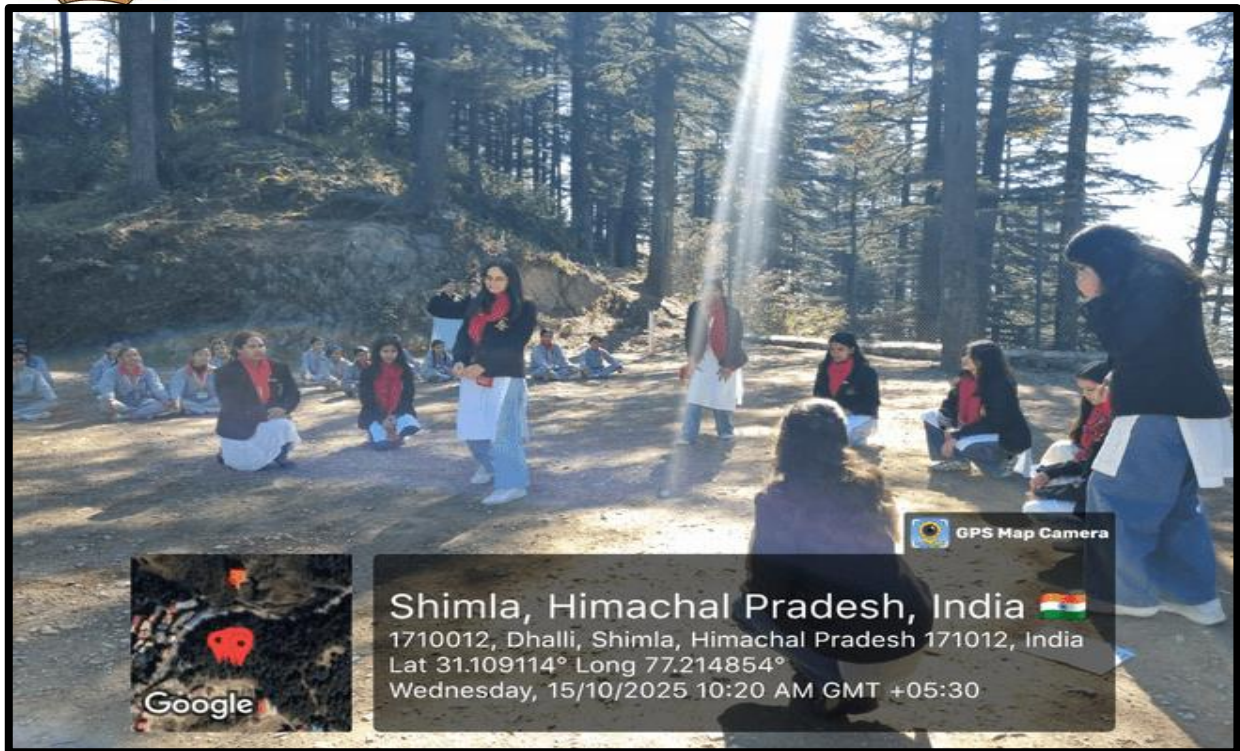
**TIME: 10 AM**

**VENUE: GOVERNMENT SENIOR SECONDARY SCHOOL DHALLI**

*Brochure*



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***Say Yes to Life, No to Drugs: St. Bede's Students Inspire Young Minds through an Impactful Nukkad Natak at GSSS Dhalli***